

DIABETES REFERRAL GUIDELINES

It is our aim for patients to be competent in their diabetes management prior to discharge. Please refer immediately. Failure to do so may result in extended hospital stay. *Treatment changes and insulin initiation MUST be referred to the Diabetes Specialist Registrar.

- Newly diagnosed Type 1
- Change of insulin regimen as discussed with diabetes team
- Insulin initiation Type 1 and Type 2
- Patients admitted due to Diabetic Ketoacidosis requiring education
- Patients admitted due to Hypoglycaemia requiring education
- Patients with reduced concordance or compromised glycaemic control requiring education
- Difficulty in using devices e.g. pen device, blood glucose monitoring equipment
- Patients requiring district nurse input for insulin administration
- Patients requiring a blood glucose meter for use with district nursing service when discharged to the community
- Refer newly diagnosed Type 2 to DSN only if blood glucose monitoring required
- Intravenous Insulin

The Diabetes Inpatient resources can be found in one location on the Intranet by using the link: **Intranet home page - Healthcare - A-Z - Diabetes**

WARD INSULIN GUIDE

Duration of action	Rapid	Short	Long	Intermediate	Analogue Mixture	Fixed Mixture
Supply	Immediate with food	15-30 min before food	Same time every day	Same time every day	Up to 15 min before food	Up to 30 min before food
Patients Usual Insulin	Novorapid Humalog Apidra	Actrapid Velosulin Humulin S Insuman Rapid	Lantus Levemir	Insulatard Humulin I Insuman Basal	Humalog Mix 25 Humalog mix 50 Novomix 30	Humulin M3 Mixtard 30 Insuman comb (15, 30, 50)
Ward Stock Alternative 10ml Vials	Novorapid	Actrapid	Lantus	Insulatard	Humalog Mix 25	Humulin M3

Diabetes Hours:

Diabetes Registrar on-call RIE #6800 / WGH 8370

Mon - Fri 09:00 - 20:00

Sat - Sun 09:00 - 17:00 Page via switchboard 0131 537 1000

Diabetes Specialist Nurses RIE 0131 242 1470/71

- Bleep 5852 / 5955

WGH 0131 537 1746 - Bleep 8687

Mon to Fri 08:30 - 17:00

SJH 01506 523856 - Bleep 3008 / 3632

Mon – Fri 09.00 – 15.00